

2022-2023 Castille 2nd Step/Classroom Lesson yearly Plan

	September: Skills For Learning/Empathy	October: Feelings & Empathy	November: Emotion Management	December: Problem Solving	January: More Problem Solving	February: Antibullying Lessons	March: Cultural Proficiency Lessons	April: College/Career Lessons	May: Mental Health
<b>Kinder</b>	1,2: Learning to Listen, Focusing Attention	6-9: Feelings	14: Calming Strong Feelings	19: Solving Problems	21: Fair Ways to Play	1-4: Recognize, Report, Refuse Bullying, Bystander Power	Empathy, Appreciating Differences, Understanding Self, Learning about Others	Career Exploration	Mental Health Lessons TBA
<b>1st</b>	1,2: Learning to Listen, Focusing Attention	6-9: Feelings	14: Calming Down Anger	17,18: Problem Solving	10: Dealing with Accidents	1-4: Recognize, Report, Refuse Bullying, Bystander Power	Empathy, Appreciating Differences, Understanding Self, Learning about Others	Career Exploration	Mental Health Lessons TBA
<b>2nd</b>	4: Being Assertive	5-6: Feelings;	11, 15: Emotion Management; Managing Anger	17,18: Problem Solving	21: Playing Fairly on the Playground	1-4: Recognize, Report, Refuse Bullying, Bystander Power	Understand Similarities and Differences, Appreciate Differences, Understand How Others Will Feel When Being Teased	Career Exploration	Mental Health Lessons TBA
<b>3rd</b>	5,6: Identifying others' Feelings & Understanding Perspectives	9: Showing Compassion	12,15: Managing Anxiety; Anger	17,18: Problem Solving	20: Solving Peer Exclusion	1-4: Recognize, Report, Refuse Bullying, Bystander Power	Understand What Being an Upstander Means, Recognize Unfair Practices, Explore How to Intervene When Bullying is Observed	Career Exploration/Career Personality RIASEC	Mental Health Lessons TBA
<b>4th</b>	1-3: Empathy and Respect; Assertiveness	14: Jumping to Conclusions	10-12: Emotion Management	16,17: Problem Solving	21: Dealing with Peer Pressure	1-4: Recognize, Report, Refuse; Bystander Responsibility, Power; Cyberbullying.	Understand Different Types of Conflicts, Explore Different Approaches to Dealing with Interpersonal Conflicts, Practice Effective Conflict Resolution Skills	Career Exploration/Career Personality RIASEC	Mental Health Lessons TBA
<b>5th</b>	7: Disagreeing Respectfully	6,8: Accepting Differences, Responding with Compassion	9: Emotion Management	17,18: Problem Solving	21: Dealing with Peer Pressure	1-4: Recognize, Report, Refuse; Bystander Responsibility, Power; Cyberbullying.	Understand the Role and Responsibility of Bystanders, Explore How to Intervene with Different Bullying Scenarios	College/Trade School Exploration; Middle School Transition	Mental Health Lessons TBA